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SMWL MISSION STATEMENT

To promote, strengthen and support women in our community through fellowship, education, service and mentor programs.

We are a dynamic group of women dedicated to helping each other grow and support our community through fund-raising, special events, volunteer efforts, shared experiences and more.

Serving Southern Maryland and its Communities.



President's Message

Candice Kelly

Welcome Spring! The weather is changing and just like the flowers, SMWL is blooming!

In this May edition of the SMWL newsletter, you will see several photos from our SMWL Programs over the past few months. In March, we enjoyed a Wee Bit O' Fun St. Patrick's style celebration at Grille 13 with live music by Irish Fiddler, Kaitlyn Margaret. April's program at Babes Boy's Tavern featured a fun and interactive history lesson on women's rights where local actor and historian Mary Ann Jung introduced us to Elizabeth Cady Stanton. We all left that night very aware of the fight for, and the importance of women's rights. Be vigilant Ladies. And this month, we all had the opportunity to participate in the much-anticipated SMWL Scavenger Hunt.

I invite our entire membership to join me in thanking our Programs Committee Chair, Rona Kelley and the creative ladies who planned and managed these exceptional events. Thank you to Becky Hoffman, Helen Heier, Pam Frank, Tequila House, Katie Pierce, Darlene Breck, Anne Rees, Alyssa Cox, Cindy Bouet-Breck, and Andy Sanford!

To view the entire photo gallery and review the details of each of these and other SMWL events, visit our website at www.smwl.org and connect with our private Facebook GROUP, and our public Facebook page.

And, feel free to share your SMWL event photos, and post information regarding other non-profit events and information that may be near and dear to your heart.

SMWL BOD 2022/2023

President: Candice Kelly

Vice President: Becky Hoffman,
Membership Committee Chair

Secretary: Brenda Lowe, Scholarship
Committee and Ad Hoc Committee Chair

Treasurer Foundation: Ruth Mudd

Treasurer Corporation: Pam Frank

Helen Heier: Reception Sub-Committee
of Membership

Tequilla House: Cheerleader in Chief!

Rona Kelley: Program Committee Chair

Natalie McKinney: Care Sub-committee
of Membership

Appointed Board Members:

Laura Forbes: Grants Committee Chair

Andy Sanford: Public Relations
Committee Chair

PAST PRESIDENTS

League

2006-2007 Rona Kelley

2007-2008 Rona Kelley

2008-2009 Diana Rucci

2009-2010 Diana Rucci

2010-2011 Doris Folineo

2011-2012 Terry Davis

2012-2013 Laura Brown

2013-2014 Laura Brown

2014-2015 Brenda Lowe

2015-2016 Diana Rucci

2016-2017 Diana Rucci

2017-2018 Mia Allen-Anayanian

2018-2021 Suzanne Wible

2021-2023 Candice Kelly

Foundation

2006-2007 Candice Kelly

2007-2008 Candice Kelly

2008-2009 Millie Gieseman

FROM CANDY'S KITCHEN!

May is the month for fresh strawberries!

Strawberry Pretzel Salad



Topping

- 2 packages (4-serving size each) Jell-O® strawberry-flavored gelatin
- 2 cups boiling water
- 2 boxes (16 oz each) frozen sweetened strawberries, thawed

Crust

- 2 cups pretzels, crushed
- 3/4 cup butter, melted
- 3 tablespoons sugar

Filling

- 1 container (8 oz) Cool Whip frozen whipped topping, thawed
- 1 package (8 oz) cream cheese, softened
- 1 cup sugar

Dissolve gelatin in boiling water. Stir in strawberries; refrigerate until partially set, about 1 hour 45 minutes.

Heat oven to 350° F. In medium bowl, mix Crust ingredients. Press into ungreased 13 x 9-inch baking dish. Bake 10 minutes. Cool on cooling rack.

In medium bowl, beat Filling ingredients with electric mixer on medium speed until smooth. Spread over cooled crust. Cover and refrigerate until cool and gelatin topping in bowl is partially set.

Carefully spoon gelatin topping over filling. Refrigerate 4 to 6 hours or until firm. To serve, cut into 4 rows by 3 rows. (*This is soooo good!*)

JUNE is when we celebrate you!

**Join us for the Annual SMWL Member Appreciation
& Election Meeting on Wednesday, June 14th
at Rucci's in White Plains.**

Times: 5:30 Check-in and 6:00 pm programs start.

Food & Drinks: Order from the menu, pay and tip on your own.

Elections: Please read the Nomination Committee/Election Overview (page 4) for complete details and candidates in advance.

Please RSVP to Rona Kelley at Rona@heatbyfire.com no later than MONDAY, June 5, 2023

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Our March Event: **Wee Bit O'Fun**

What a great way to celebrate National Women's Day...

Everyone had a great time last night at our Wee Bit O' Fun event at Grille No. 13. We had a full house with 35 members and guests in attendance. It was great to see everyone, and to meet so many new faces! Thank you to all members who brought guests. We love sharing the fun and meeting new friends -- whom we hope will become new members!

Thank you again to Katie and her exceptional staff for providing us with the very best food, service, and comfortable atmosphere! Thank you Becky for managing the event, keeping us on track and toting around the flag, wrist bands and other programs stuff. Thank you again Tequila for sprinkling the "Tequila Bling" all over the place! Thank you Helen for managing the registration - we know there was a lot of work with so many people and we truly appreciate your amazing skills! Thank you Katie and Lisa & Candy for the Gift Basket Donations! I know the four prize winners were really excited to receive such lovely gifts!



Thank you to everyone who brought such adorable Easter stuffed animals, books and other basket stuffers. Supporting our mission, I know Lifestyles will be excited and honored to receive your generous donations for children in need.

Thank you to YOU our cherished members of the Southern Maryland Women's League - we really are a dynamic group of women from all walks of life coming together to support each other, and our communities.



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Care Committee

Submitted by Natalie McKenney



Beautiful SMWL Sisters,
 It looks like typical Maryland weather is here. Time for fun with family
 and friends. Clean the house, clean the yard and have a ball. We all
 deserve it.

Three awesome SMWL sisters are celebrating a birthday in May, and 4
 in June:

- Ann Rees – May 3**
- Candy Meyers – May 26**
- Linda Cox - May 27**
- Robin Magoon - June 17**
- Sherrie Sanders - June 20**



Again, if you know that one of our members has had a medical
 procedure, has experienced the loss of a family member, or just has a
 special reason to celebrate. Please reach out to me so that we can
 reach out to that member.

My email address is nsmckinney@verizon.net and know that when we
 work together, we can do everything!

Treasurers Reports: Apri/May 2023

Submitted by Pam Frank (Corporation) and Ruth Mudd (Foundation)

Corporate: Balance as of February 28, 2023: **\$4,388.51**

SMWL FOUNDATION

Balance as of May 22, 2023 = \$ 14,146.71

Certificate of Deposit = \$ 33,808.56

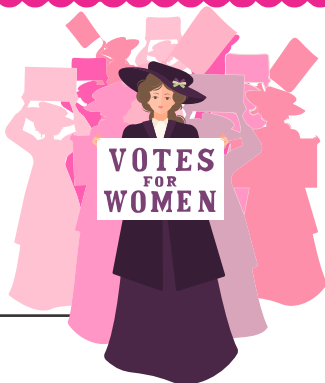
Community Foundation of Southern Maryland

(charitable/endowed fund) = \$ 49,879.22



\$\$ IMPORTANT – July 1 signals the beginning of our new fiscal
 year for the SMWL. Watch your emails for the 2023 Membership
 Dues invoice, and then for the Foundation Donations: Contact your
 Treasurers for payment options **or mail check to:**
SMWL Foundation | P. O. Box 2511, Waldorf, MD 20604

Our April Event Women's HerStory



Nineteen SMWL members attended the Historical presentation by Mary Ann Jung at Babes Boys Tavern in Waldorf.

Members participated in an interactive performance highlighting the trials and tribulations Suffragettes faced fighting for women's rights.



SMWL is proud to have this opportunity to acknowledge and celebrate the women who fought so bravely... we still have a long way to go, ladies!

But, thanks to strong women of integrity we will get there!



Thank you to Rona Kelley, Candice Kelly, and Ann Rees for putting this wonderful program together for our members and their guests. See more photos: www.smwl.org/special-events

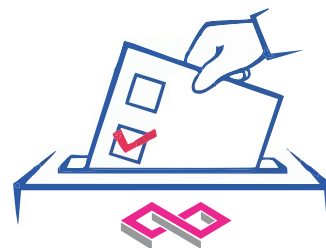
Nominations & Elections Committee

Submitted by Candice Kelly (Chair), Pam Frank, Kelly McCormack, and Natalie McKinney

The SMWL Nominations & Elections Committee was formed as required by the SMWL Bylaws and SOP. The Committee consists of Candice Kelly (Chair), Pam Frank, Kelly McCormack, and Natalie McKinney. There are currently six open seats on the Board of Directors because four board members' terms are ending, and Natalie McKinney and Rona Kelley advised the Board of their resignation effective June 30, 2023.

The Nominations & Elections Committee nominates the following slate to fill the six open board positions:

- Alyssa Cox
- Laura Forbes
- Helen Heier
- Brenda Lowe
- Ruth Mudd
- Andrea Sanford



Of course, the general membership is invited to nominate members to serve on the Board of Directors, as well. If you wish to be considered for election to the Board of Directors please submit a 25 word bio via email to the Candice on or before May 30, 2023. Likewise, feel free to nominate a member and the Committee will follow-up with your nominee. (Send emails to candiceqk@gmail.com).

The Nominations & Elections Committee will submit the full slate to the Board of Directors at the May Board of Directors meeting.

Nominations will also be accepted from the floor at the Annual Membership Meeting. Thank you for your cooperation.



Southern Maryland
WOMEN'S LEAGUE

We are a dynamic group of women from all walks of life, who are dedicated to helping each other succeed through the exchange of information, services, mentoring, charitable actions, shared experiences, friendship and motivational support.

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Please email us to share your
news... including special family
announcements, business
information and SMWL specials,
charitable organizations or drives
that are near and dear to your
heart, By-the-ways and more!

We'd love to include the
information to share with
our SMWL Sisters.

asanford12@gmail.com
smwl@gmail.com

Membership Committee Report

Submitted by Becky Hoffman - Committee Chair,
Helen Heier, Natalie McKenney, Pam Frank, Andrea Sanford
Committee Members.

We currently have 38 members in good standing. One non-
return-response to our email inquiries, one resignation due to
work and personal commitments (Teresa Klopfer).

WELCOME NEW MEMBERS:

- Marla Wustner
- Chrisie Mulcahey
- Fran Hrapsky

And, we hope that you have had the opportunity to meet Laura
Blunk at one of our meetings/events. She has attended two
events and hopefully will become a member in the very near
future.

At the last membership committee meeting, held on January
17, 2023, we discussed the following SMWL information
updates: New Member Interest Reply, SMWL Member
Application, SMWL New Member Packet, SMWL Brochure,
BINDER information, SMWL Bylaws Foundation, and SMWL
Bylaws Corporation. Updates regarding these issues will be
discussed at the upcoming June Membership Meeting, in our
next newsletters and added to the website..

You may have noticed new name tags for guests and new
members at our last few meetings. Watch out for them and be
sure to say hello and introduce yourself.

The upcoming JUNE MEMBERSHIP APPRECIATION MEETING & ELECTIONS are for SMWL Members ONLY.

However, we encourage you
to invite to your friends to
join us at special programs
and meetings thereafter!

Help our League Grow!



Our May Event: **SCAVENGER HUNT.**



The SCAVENGER HUNT was fun for all who RSVP'd to enter. We started the night in White Plains, at the Southern Maryland Business Center.

We ate delicious wraps and every guest enjoyed a lovely personal charcuterie box. Chef Kendall Selby is so talented, his cooking surely rocks!



36 members and their guests paired in teams of three. Solving clues, and performing tasks riding in Couples Limousines, in the lap of luxury.



We visited Rucci's to "Pop the Top", and celebrated at College of Southern Maryland in support of our Foundation's Scholarships for moms and tots.



Then on to A|R Workshop for colorful shades and snacks, and we walked around La Plata searching for clues from front to back.

Each and every team did a great job solving ALL the clues and tasks for fun. The final Crown Trophy & Royal Jester Apparel came down to the winning hand from the secret Poker Run!



Thank you to the Program Committee that planned this great event. We appreciate the hard work and interactive content.

Ladies coming together for friendship, charitable actions, and goodwill. That's easy for all... as it's the mission of SMWL!



It's been a great year of fun events,
 community support & celebrations!
 Join the Committee to help in July.

NOVEMBER 2022

Wednesday, November 9, 2022
An Evening of Indulgence
 Esthetic Boutique in La Plata, MD
 Hostess: Jessica Brueckner & Ann Rees
 Cost: \$35 Members/\$45 Non-Members
 RSVP by November 5 to Ann Rees



Thursday, November 17, 2022 - 6:30 pm
Diva's Do's and Don'ts - New Member Orientation
 Rona Kelley's home in Port Tobacco - Invite to Follow

DECEMBER 2022



Friday, December 16, 2022
SMWL Holiday Party - Eat, Drink & Be Merry
 Laura Forbes & Vic Bryant's Home in La Plata

No charge to members. \$45 for spouse/significant others (add \$2 credit card fee-optional)
 \$80 for non-members/guests
 Watch for your invitation with additional Merriment information to follow

JANUARY 2023

Wednesday, January 11, 2023
Post-Holiday Gift Exchange
 Hunan Star Restaurant in La Plata
 It's OK to Re-Gift. Bring a wrapped gift (\$30 value) to enter the exchange. Laugh as favorites are stolen away. **Hostess:** Tequila House and Andy Sanford with Becky Hoffman. Cost: Order/Pay/Tip from the Menu.



FEBRUARY 2023

Wednesday, February 8, 2023
Legend of the Blue Dog Dinner
 Blue Dog Saloon in Port Tobacco. **MARYLAND'S OLDEST LEGEND**
 Presentation by historian Mike Callahan. Free Blue Dog Scroll, RSVP Gifts, Birthday Celebrations. **Hostess:** Becky Hoffman, Darlene Breck, and Andy Sanford. Cost: Order/Pay/Tip from the Menu.



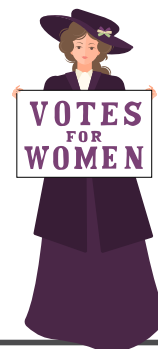
MARCH 2023

Wednesday, March 8, 2023
ST. PATRICK'S WEE BIT O' FUN
 Grille 13 in Waldorf. Enjoy LIVE Irish inspired entertainment by Kaitlyn Margaret, delicious desserts, signature Cocktails, RSVP and H&T Prizes. **Hostess:** Katie Pierce, Tequila House, Andy Sanford. Cost: \$5 Members/\$10 Non-Members, plus Order/Pay/Tip from the Menu.



APRIL 2023

Wednesday, April 12, 2023
WOMEN'S HISTORY PRESENTATION
 Babes Boys Tavern in Waldorf. Learn about Suffragettes & Women's Voting History. Live performance by actress Mary Ann Jung. **Hostess:** Rona Kelley, Candice Kelly, Anne Rees, Andy Sanford. Cost: \$5 Members/\$10 Non-Members, plus Order/Pay/Tip from the Menu.



MAY 2023

Wednesday, May 10, 2023
SMWL SCAVENGER HUNT!
 We'll gather in Teams to solve clues, and complete challenges in one of our favorite interactive events. **Hostess:** Alyssa Cox, Cindy Boeut, Darlene Breck and Andy Sanford. Cost: \$30 Member, \$45 Guests. 5:30 pm - So MD Business Center in White Plains. Limos at 6:00 pm, Return at 8:00 pm for Desserts!



JUNE 2023

Wednesday, June 14, 2023
SMWL Annual Membership Appreciation Meeting and Elections

Ruccis in White Plains. 5:30 check-in, order drinks and food from the Menu and pay & tip on your own. Program starts at 6:00 pm.



HELP WANTED: Share your time and talents! **Contact a Board Member Now!**
 Let us know if you have a great event idea, or would like to help plan, donate to, or share your talents in support of a league event. We look forward to working together and we really need you!