



Laura Forbes-Brown

President's Message

On July 1st, we began our new fiscal year for SMWL. In June we reviewed last year and established elections for the new board of directors that took effect on July 1, 2013. Donna Ellis and Carole Lewis are among two of our board members who have served for the last two years and have been tremendous assets to the board of directors and both will be greatly missed. We added new elected members Meme Ellis, Mary Lilly and Pam Roberts. Returning to the board for another two years is Vickie Johnson. Helen Heier was appointed to fulfill Diana Rucci's remaining term. Andy Sanford, Rona Kelley, Brenda Lowe and myself will continue to serve the rest of our term.

If we look back to last summer we began the CSM Scholarship application review process and gave scholarships in the amount of \$3,000 to three separate students who were either raised by a single parent or are currently a single parent. We will begin the reviewing process at the end of the month, if you are interested in being a part of this committee, please let me know. SMWL provided additional security cameras and upgrades to the current security system that we installed at the Angels Watch Shelter. In September we played a little golf at Swan Point and October learned more about Holistic healing and massage by member Brianna Bowling's lovely sister. We also provided the Angel Watch Shelter with new dressers, two armoires and a new bed for the residence rooms. Not to mention in the last few years we provided all new carpet, beds and mattresses that were much needed as the shelter had developed a bad case of bed bugs. Our work with Angels Watch has been one of our greatest achievements. This is really just a few of the needs that SMWL was able to provide because of our incredible fundraising abilities.

October the membership voted to forge a relationship with Hospice of Charles County. The capital campaign of \$25,000 sponsored one patient room in the new Hospice house. The Southern Maryland Women's League will leave a lasting impression for generations to come. December's Christmas party at the Sanders residence was classy and traditional. The ugly sweater contest was greatly attended; I can't remember if Pam Roberts won again this year?? Chef Gary out did himself as usual!!!! -- continued, page 4

Programs & Events | Vickie Johnson & Diana Rucci

Overview of our past meetings...



Mystery Bus Trip, July 17, 2013

All aboard the luxury bus for our Annual Mystery Trip. This year's exciting event brought us to Annapolis for amazing food and beverages at CRUSH, and then live music at Ram's Head Tavern! Members and Guests enjoyed an evening of shared laughter and entertainment as

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Move out of your comfort zone. You can only grow if you are willing to feel awkward and uncomfortable when you try something new.

— Brian Tracy

We are...

An organization of women dedicated to promoting, strengthening and supporting women and issues of importance through fellowship, education, service and mentoring programs.

The **Southern Maryland Women's League** provides women with a wide range of opportunities to help each other succeed through the exchange of information, services, mentoring, charitable actions, shared experiences, friendship and motivational support.

We are a dynamic group of Southern Maryland business owners, entrepreneurs, managers, homemakers and people from all walks of life with a wide variety of life experiences.

We are dedicated to helping each other grow and support our community through fundraising, special events, volunteer efforts, shared experiences, and more.

Don't miss our next events...



We Care!

The purpose of the Care Committee is just that! If it's your a birthday, you're getting married; have a new addition to your family; or are suffering from an illness or a death of a loved one, we just want you to know that we are thinking about you, and that we care.

You would be amazed that just a little card or a phone call can really brighten someone's day. As your new Care Committee Chair, I'd love for you to email me to let me know if a SMWL member is in need of assistance or has something special to celebrate!



Congratulations to Heather Zeolla on the Birth of Your Beautiful Twins!

HAPPY BIRTHDAY

AUGUST BIRTHDAYS

- August 1: **Bonnie Baldus Grier**
- August 16: **Vickie Johnson**
- August 17: **Lyn Bell**
- August 24: **Candice Quinn Kelly**
- August 25: **Mary Lilly**
- August 29: **Bernadette Cole**

SEPTEMBER BIRTHDAYS

- September 2: **Diana Rucci**
- September 8: **Laura Forbes-Brown**
- September 16: **Becky Hoffman**
- September 30: **Dawn HowdysHELL**

We're in the news:

Never doubt that a small group of thoughtful, determined women can change the world. Indeed, it is the only thing that ever has! Go to this link: <http://www.somdnews.com/article/20130614/NEWS/130619610/1059/women-x2019-s-league-supports-hospice&template=southernMaryland>



Chicks with Sticks "5 and Dine"

at Hawthorne Country Club
St. Babe's Tavern on the Green
Wednesday, August 7, 2013

- 5:00 to 5:30 Social Time, Driving Range Open
- 5:30 to 5:40 Get your Golf Stretch On with Tessa Echols
- 5:45 Tee Off. This isn't your father's game of golf... this is SMWL style!
- 7:00 Drinks, Dinner & Prizes. Members only \$35, Guest \$47

RAIN OR SHINE – IF WE CAN'T GOLF DUE TO BAD WEATHER – IT'S OKAY, WE STILL HAVE AN AMAZING EVENT PLANNED! PLEASE BE SURE TO JOIN US!

SEPTEMBER 4, 2013

SMWL Annual Crab Feast

Join us as we once again spend time at the beautiful home of Larry & Sherri Sanders. Great food, great company...need we say more!
Watch your email for times, cost and additional details.



WEDNESDAY, OCTOBER 2, 2013

Get ready for our annual

Spa Night at the Galleria Salon

Each year, our gracious hostess Pam Roberts opens her beautiful Galleria Salon & Spa to her SMWL sisters for an evening of relaxation and pampering.

This is the perfect time to schedule a manicure, pedicure, facial, massage and other amazing spa services. A complete list of all services offered will be emailed soon!

Dr. Chairamonte will be on hand as well to offer his services and expertise. Keep watch for upcoming information and special spa and pampering service offerings. Be sure to make your reservations on time, and mark your calendar now for this fun annual event!

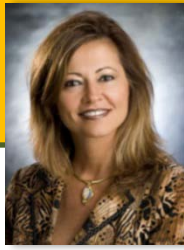


Message from the Editor | Andy Sanford

Like our Facebook Page!

Have you visited our SMWL Facebook page? It's the perfect place to learn about upcoming events, post committee needs, news, and much more! And, you won't be in the loop if you haven't liked it! Go to:

<https://www.facebook.com/pages/Southern-Maryland-Womens-League/113078255376018>



Year-End Report

Fiscal year July 2012 through June 2013 was a great year for Southern Maryland Women’s League Foundation, Inc.! Throughout the year this group of wonderful women worked to donate \$27,967.29 to several 501(c)3 non-profits in the Southern Maryland region that helped many women, children and others in need.

Some highlights were the Southern Maryland Food Bank, Sisters Lifting Sisters, Human Trafficking through New Life Church, Cancercare, Rachel’s Challenge to help stop bullying in schools, and Health Partners to fund breast cancer screenings for women.

The League / Foundation was added to the Civista Health Foundation Honor Roll of Women and our name will permanently be displayed on the wall of the hospital. Additionally, SMWL developed a legacy by purchasing the “Yellow” room in the Charles County Hospice House for Hospice Inpatients and will have materials available to help women and children through this difficult time in a family’s life. We made our first \$5,000 installment of five for a total of \$25,000 over five years. And last but not least, we continued to assist our project, Angel’s Watch, in upgrading their Security System and cameras, in replacing broken dressers and armoires and in helping a young lady purchase items to go to Prom.

Additionally, these amazing women raised close to \$30,000 at this April’s annual fundraiser after expenses. We ROCK!!!

I look forward to another year of sharing, caring and socializing and having great fun with the most amazing group of ladies in the world! I am proud to be associated with each and every one of you!!



Membership Development | Diana Rucci/Helen Heier

Divas Do’s & Don’ts

These meetings were established first by Doris Folineo several years ago when she was Membership Chair. It was decided by the current board that these meeting were worthwhile and should be re-implemented. We had approximately 15 SMWL Diva’s in attendance at our last meeting, and all left feeling a little more connected to one another and to SMWL. At the meeting we did a few introduction “ice breaker” questions, shared our practices, goals, committee responsibilities, fundraiser information and then closed with a recap of the evening.

Our next Diva’s Do’s and Don’ts will be at the home of Rona Kelley on January 15, 2014 and all interested will be invited. Stay tuned!



Dues are Due...

\$150 for the year

Send your dues to:

SMWL

P.O. Box 2511, Waldorf, MD 20601

Or drop off to Tri-County Hearth & Patio in Waldorf! (oh, and you can walk around and check-out her beautiful showroom, and maybe even, shop a little!)



SMWL EVENT RSVP

PAYMENT ANNOUNCEMENT

If you RSVP to attend a special event, you are required to pay for that event reservation. We purchase food and a wide range of items to support each event, and if you don’t show up, your club members end of paying for you! And, if you reserve on behalf of a guest and that guest does not show – you are responsible for the cost as well. Please understand, we work extremely hard to keep expenses to a minimum, and these costs must be covered.

Membership Report | Helen Heier



Our Numbers

The last update of the Membership Directory, Membership Birthday List, and Membership E-mail lists were sent via email on August 2, 2013 to everyone.

Currently, we have 51 Southern Maryland Women’s League members. We do have some members who will not be renewing their membership because of other duties and time constraints. But, on the other hand, we have quite a few that are able to join now and some waiting to attend their third meeting before applying for membership. So, I am confident that membership numbers will be even greater this new fiscal year.

Membership list updates, nametags and notebook will be completed as soon as the last new perspective member sends in her dues to qualify as an official member.

We may not state it enough, or loudly for all to hear, but we truly cherish you and your membership and we enjoy seeing you participate at our meetings and supporting our special events! We can’t have a successful club with your participation and support!

From the President...

As we arrived in the New Year, we began our work and preparations for our next fundraiser. We lost our March meeting due to a snow storm but made up for the time in April at Middleton Hall, needless to say our 6th Annual - event went off with a bang and we raised after expenses \$30,000!!! In the month of May we met back at Martinis for one of our favorite events....Minute to win it!!! I couldn't stop laughing all evening. These are those fun events that bring out the best in us!!! Lol!!! Bonnie Greer made my night!!!

July brought us another opportunity to get together at our Annual Mystery Night! What a blast we had riding the bus together and enjoying a new CRUSH in Annapolis!

Some of our league sisters attended at Civista last week the reception to honor SMWL and others on the Honor Roll of Women Wall. In less than 7 years we have established ourselves as a league that carries genuine respect and honor is noted when our name is spoken.

Looking back over the last year I cannot believe it has already ended but I am amazed at all that we have accomplished and those 501 C3 that we helped. Our small grant dollars really make a huge difference. As a member this is a wonderful way we can support each other in our "Pet Projects". We gave over \$8,000 last year to small grant request. Let's not forget that this was the first year the board of directors decided to give our earnings from our endowment to Health Partners to provide breast cancer screenings.

For those members who missed our state of the league meeting in June, one of the upcoming changes for the New Year is to form an ad-hoc committee and create a focus group on changing our current fundraiser event. The new board of directors will discuss and more details once we meet this upcoming month. The consensus of the membership is to use this upcoming year to plan a new event and focus on 2014. A member of the board will be appointed to chair this committee and members of the league are encouraged to attend and become a part of the ad-hoc committee.

As always league sisters, if you have any thoughts, want to serve on a committee, ideas for upcoming events, news to share (good or bad), please feel free to contact me....I'm always here for you,

Laura Forbes-Brown
SMWL League and Foundation President

**Our last meetings continued...
more Mystery Night
Photos!**



"Minute to Win It" was way too much fun!!!! Congratulations to Team 2 Shelia's Sexy Sheep on your win!!! Everyone had a great time -- thank you to Program Chairs for another amazing Southern Maryland Women's League Meeting!!!



Thank you to everyone who supported our 6th Annual Dinner & Auction. Our Fabulous 50's event was a huge success!!! We're extremely grateful for your support, sponsorship, attendance and fellowship!!! And, thanks to your hard work and dedication and to our amazing and generous sponsors -- we raised \$30,000 (after expenses!)

\$25,000 check presentation
By your Board on behalf
of all SMWL members
to Hospice of Charles County
in support of Hospice House
and our SMWL sponsored
patient room.

WOW!!! We are an amazing
Group of talented, beautiful
and dedicated women!!!



**Do you know someone who would make a great addition to our League?
Be sure to invite a friend to join you at our next SMWL event!**

2013/14 SMWL Calendar of Events...

Wednesday, July 17

Mystery Night; \$60 members/\$75 non-members

Wednesday, July 31 – 6:00 p.m.

Board meeting @ See-Thru Windows, Waldorf

Wednesday, August 7

"5 and Dine" at Hawthorne Country Club
\$35 members/\$47 non-members

Wednesday, August 28 – 6:00 p.m.

Board meeting @ See-Thru Windows, Waldorf

Wednesday, September 4

SMWL Social: Annual Crab Feast at the Sanders
\$25 members/\$30 non-members

Wednesday, September 18 – 6:00 p.m.

Board meeting @ See-Thru Windows, Waldorf

Wednesday, October 2

SMWL Social: Spa Night at the Galleria Spa & Salon
in Waldorf with Dr. Chiamonte

Wednesday, October 23 – 6:00 p.m.

Board meeting @ See-Thru Windows, Waldorf

Wednesday, November 6

SMWL Social: TBA

Friday, December 7

SMWL Social: Christmas Party, more info to follow

Wednesday, December 18

Board meeting @ See-Thru Windows (subject to change)

2014: Wednesday, January 8

SMWL Social/General Meeting,
\$25/members; \$35/non-members, Location TBD

Wednesday, January 15

SMWL Diva's Do and Don'ts: Rona Kelley's home

Wednesday, January 22 – 6:00 p.m.

Board meeting @ See-Thru Windows, Waldorf

Wednesday, February 5

SMWL Social: Heart Month – Mind, Body, Soul (TBA)

Wednesday, February 19 – 6:00 p.m.

Board meeting @ See-Thru Windows, Waldorf

Wednesday, March 5

SMWL Meeting: Minute to Win It at Martini's
\$25 members/\$35 non-members

Wednesday, March 19 – 6:00 p.m.

Board meeting @ See-Thru Windows, Waldorf

Wednesday, April 2

SMWL Social: SCAVENGER HUNT!!! (TBA)

Wednesday, April 23 – 6:00 p.m.

Board meeting @ See-Thru Windows

Wednesday, May 7

SMWL Social: Mystery Night (TBA)

Wednesday, June 4

SMWL State of the League
Annual Business Meeting @ Martinis

Wednesday, June 25

BOD Meeting: Transitional meeting
of current and new BODs

Remember,

This is your newsletter!

Send your information, By-the-Ways or
Pet Projects in to our league President,
and we may include them in our next
newsletter! Space is limited, so expect
editing and entries are first come-first
served.

By-the-Ways....

August 15, 2013

22nd Annual CSM Foundation Golf Classic: Tee Up for a Great Cause! At Swan Point, Maruland.

Not a Golfer? You can still support
scholarships for CSM Students and Win
an autographed RGIII Jersey!! The
winning ticket will be drawn at the
afternoon reception of the 22nd Annual
Golf Classic on Thursday, August 15,
2013. **Need not be present to win.** For
more information contact the CSM
Development Department at 301-934-
7647 or e-mail eabell1@csmd.edu.

17th Annual Mike Davis Foundation Golf Tournament

Friday, September 6, 202
Potomac Ridge Golf Course
To sponsor, volunteer or play contact
Matt Davis: 301-785-9080



Southern Maryland
WOMEN'S LEAGUE
Linked by More than Community

2013/2014 SMWL Board of Directors

President: Laura Brown (2011/14)
laura_forbes@comcast.net

Vice President: Brenda Lowe (2012/14)
ahloweha@aol.com

Secretary: Cindy Lantz (2013/15)
dfolineo@msn.com

Foundation Treasurer: Brenda Lowe (2012/14),
ahloweha@aol.com

League Treasurer: Rona Kelley (2012/14)
rona@heatbyfire.com

Program/Event Chairs
Vickie Johnson (2011/13)
vjohnson7775@aol.com

Membership Chairs
Helen Heier (2011/13)
heier2@comcast.net
Diana Rucci (2012/14)
diana.n.rucci@wellsfargo.com

CSM Grant Project
Laura Brown

Care Committee
Meme Ellis (2013/15)
meme-ellis@comcast.net

Special Event Coordinator
Pam Roberts (2013/15)
pe_roberts1@yahoo.com

Media/Public Relations/Newsletter
Andy Sanford (2012/14)
asanford12@gmail.com

Foundation Grant Liaison
Laura Brown

PAST PRESIDENTS

Terry Davis, 2010/2012
Doris Folineo, 2008/2010
Diana Rucci, 2006/2008
Rona Kelley, 2004/2006
Candace Kelly, Foundation President